

Prescription for Success

Quarterly Report

BACKGROUND

Prescription for Success: Statewide Strategies to Prevent and Treat the Prescription Drug Abuse Epidemic in Tennessee is a strategic plan developed by the Tennessee Department of Mental Health and Substance Abuse Services in collaboration with sister agencies impacted by the prescription drug epidemic. The Tennessee Department of Mental Health and Substance Abuse Services would like to acknowledge the contributions of the following partners: Departments of Health, Children's Services, Safety and Homeland Security, and Correction, Bureau of TennCare, the Tennessee Bureau of Investigation, and the Tennessee Branch of the United States Drug Enforcement Agency. Special thanks are extended to the commissioners of each of the partner agencies as well as those people who were interviewed and provided expertise and resources.

ASSESSING STATUS OF GOALS

To determine whether the goals are being met the following scale has been developed:

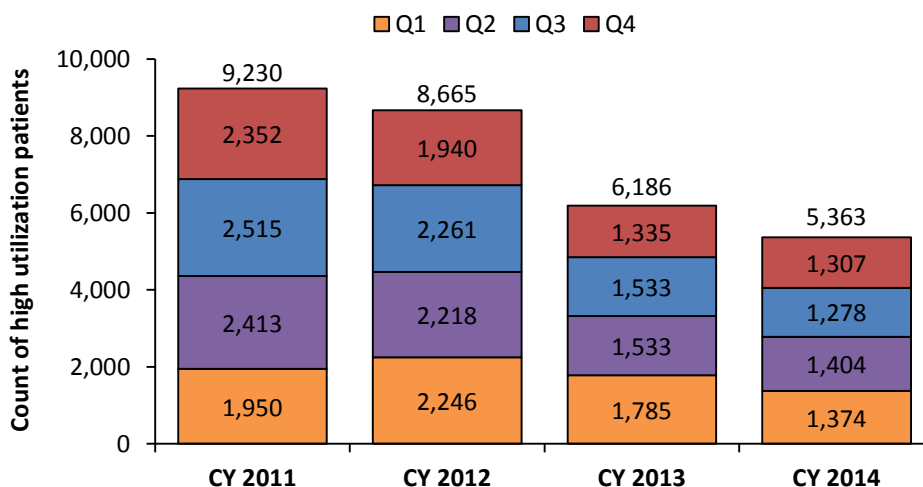


Completed

On schedule

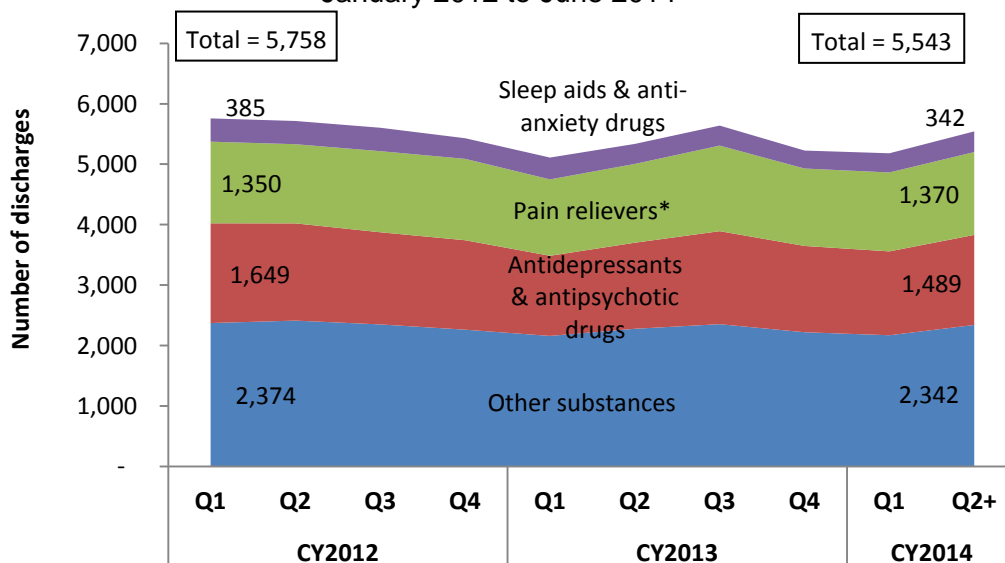
Slightly behind schedule

Significantly behind schedule

REPORTING ON THE DATA**Goal 1: Decrease the number of Tennesseans that abuse controlled substances****Figure 1:** Cumulative number of high utilization patients* by quarter in the Controlled Substances Monitoring Database (CSMD): CY 2011 to 2014

*Note: Patients filled prescriptions from 5 or more prescribers at 5 or more dispensers within 90 days.

Source: Tennessee Department of Health (2015)

Goal 2: Decrease the number of Tennesseans who overdose on controlled substances**Figure 2:** Number of Tennessee hospital discharges for drug poisoning: January 2012 to June 2014

*Includes over the counter and controlled pain reliever overdoses

+Provisional data becomes available about 3 quarters after discharge occurs.

Source: Tennessee Department of Health (2015)

42%

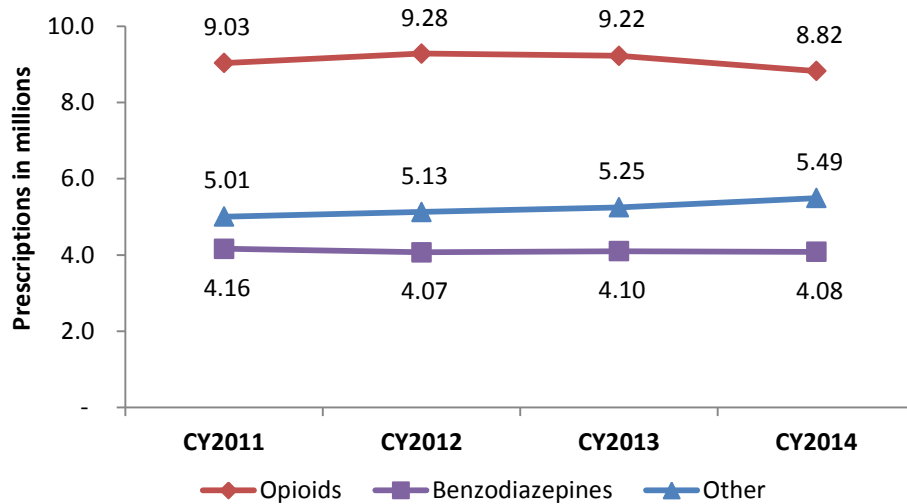
decrease in the
number of high
utilization*
patients from
2011 to 2014

4%

reduction in overall
drug poisonings from
January 2013 to June
2014

Goal 3: Decrease the amount of controlled substances dispensed in Tennessee

Figure 3: Number of controlled substance prescriptions (in millions) reported to the Controlled Substance Monitoring Database: CY 2011 to CY 2014*



* Classes of controlled substances were defined based on CDC guidance document

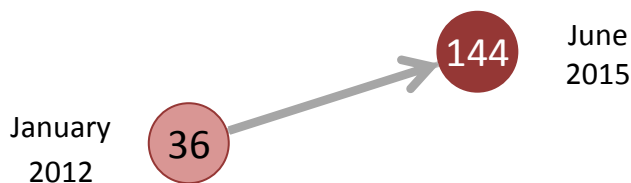
Source: Tennessee Department of Health (2014)

8.82

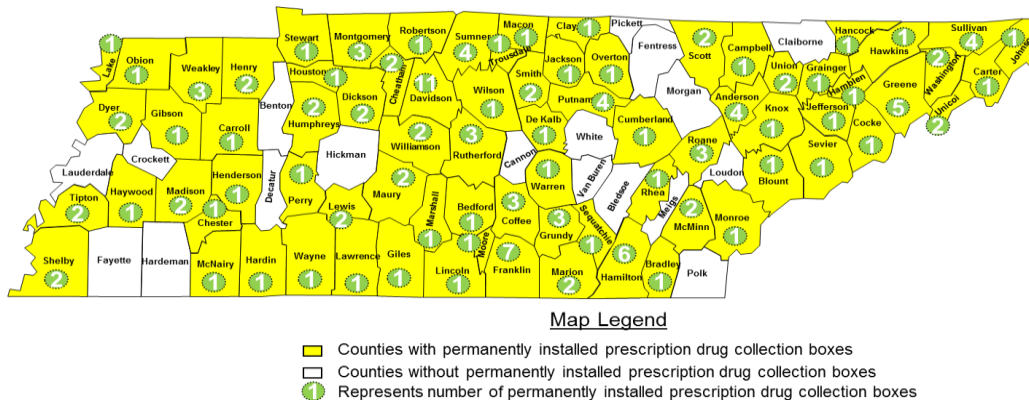
million opioid
prescriptions
reported to the CSMD
in CY 2014

Goal 4: Increase access to drug disposal outlets in Tennessee

Figure 4: Number and location of permanent prescription drug collection boxes: January 2012 to June 2015



Locations of Permanent Prescription Drug Collection Boxes; as of August 20, 2015



4x

more permanent
prescription drug
collection boxes in
Tennessee than in
January 2012

144

drug collection boxes
across Tennessee

Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)



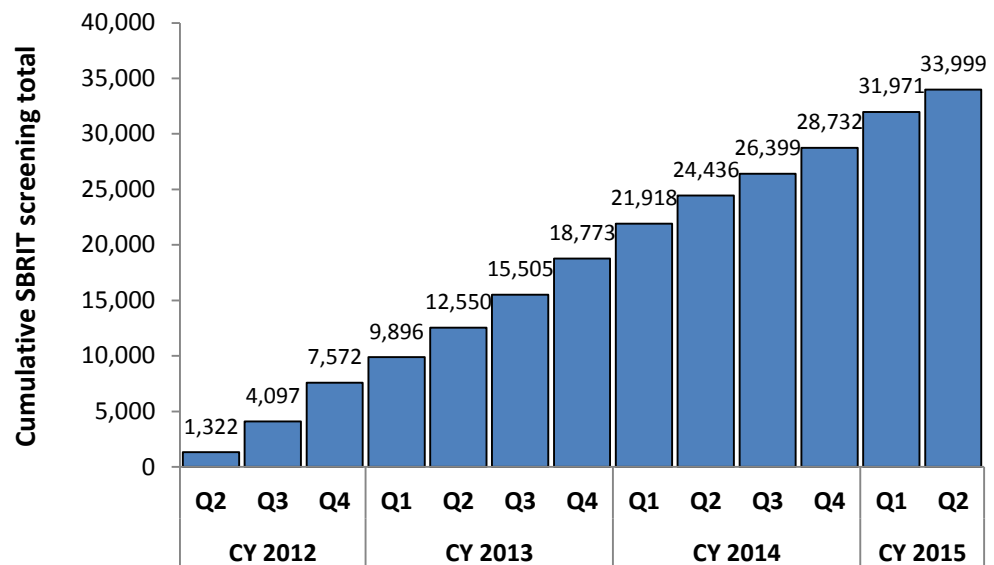
Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.

33,999

TDMHSAS-funded
SBIRT screenings
since
April 2012

Goal 5: Increase access and quality of early intervention, treatment and recovery services

Figure 5: Cumulative number of TDMHSAS-funded Screening, Brief Intervention, and Referral to Treatment (SBIRT) screenings: Q2 CY 2012 to Q2 CY 2015

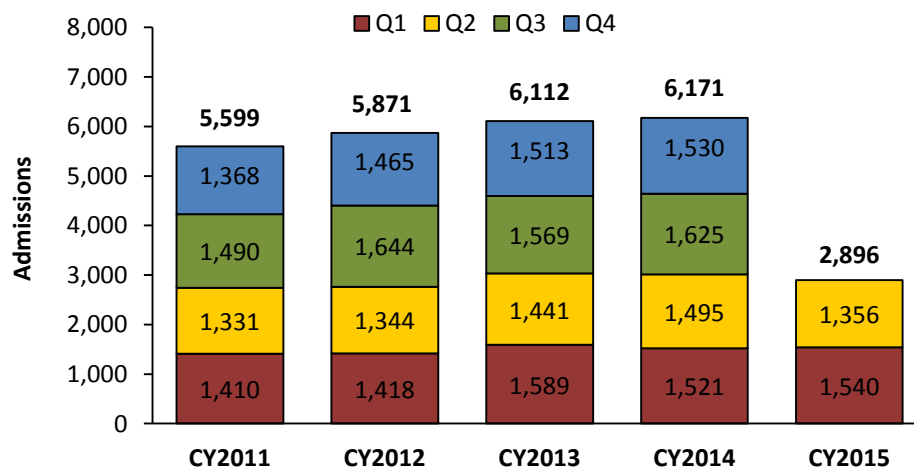


Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

10%

increase in the
number of TDMHSAS
admissions with
prescription opioids
as a substance of
abuse from
CY 2011 to CY 2014

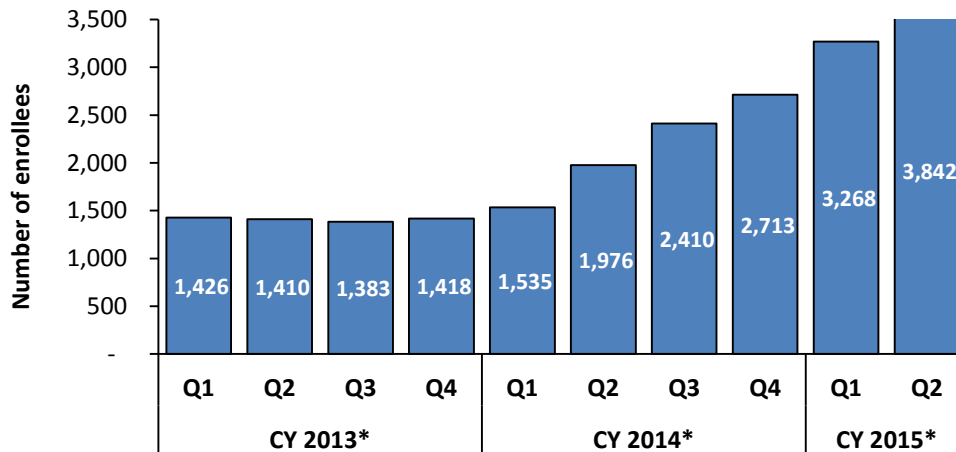
Figure 6: Number of admissions to TDMHSAS-funded treatment services with prescription opioids as a substance of abuse: CY 2011 to Q2 CY 2015



Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Goal 5 continued: Increase access and quality of early intervention, treatment and recovery services

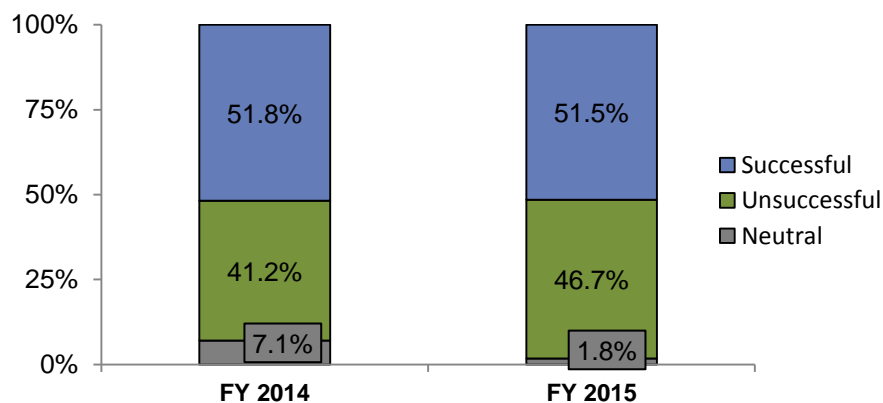
Figure 7: Enrollment in TDMHSAS-funded adult recovery (drug) courts:
Q1 CY 2013 to Q2 CY 2015*



*Point in time estimate for end of quarter listed.

Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Figure 8: Adult recovery (drug) court enrollees by graduation status:
FY 2014 and FY 2015



Successful - met all graduation requirements

Unsuccessful - terminated/did not complete requirements

Neutral - client transferred out of recovery court prior to completion of court obligations for neutral reasons

Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Recovery (drug) courts specialize in addressing the needs of nonviolent offenders who have substance abuse and/or co-occurring mental health issues, or who are veterans.

94%

increase in the number of recovery (drug) court enrollees from in the past year June 2014 to June 2015

51%

of recovery (drug) court enrollees successfully met all graduation requirements in FY 2015

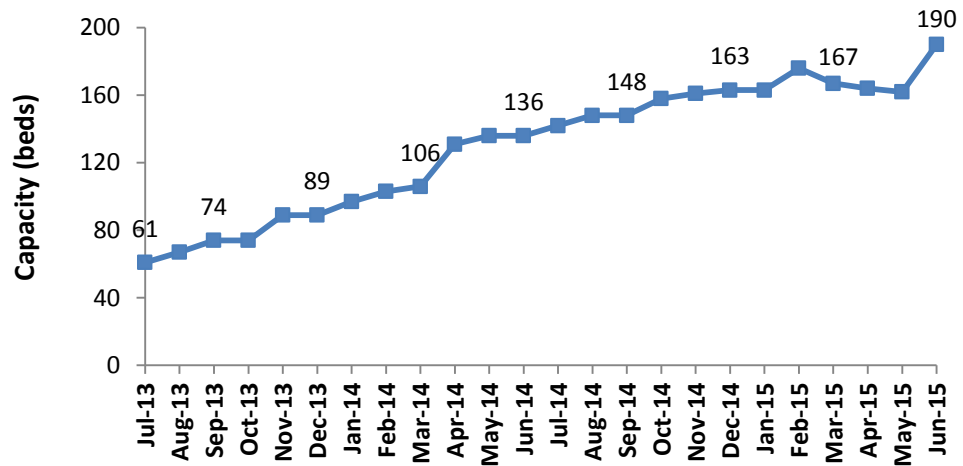
Goal 5 continued: Increase access and quality of early intervention, treatment and recovery services

The Oxford House program develops low cost, high impact self-supporting, drug-free homes for people in recovery from substance abuse.

211%

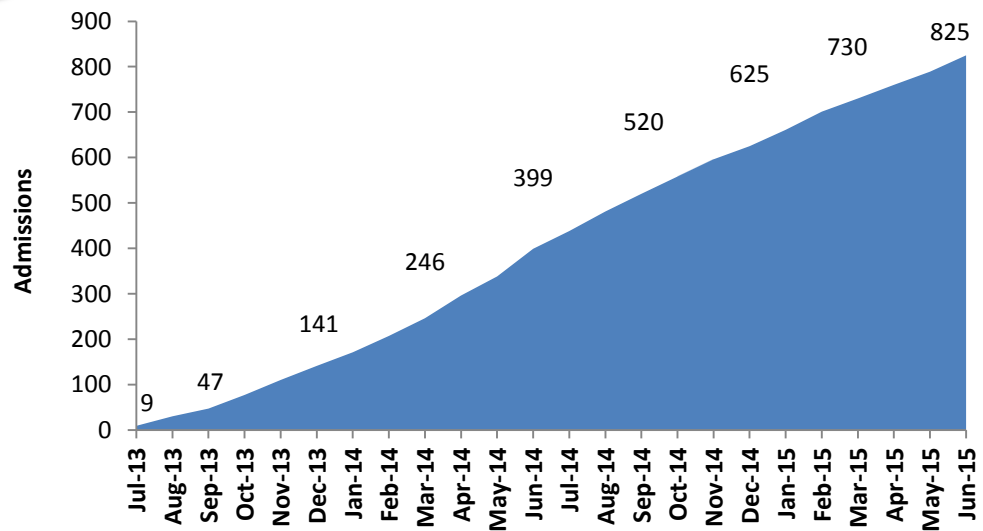
increase in Oxford House capacity from July 2013 to June 2015

Figure 9: Monthly capacity of Oxford Houses in Tennessee: July 2013 to June 2015



Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

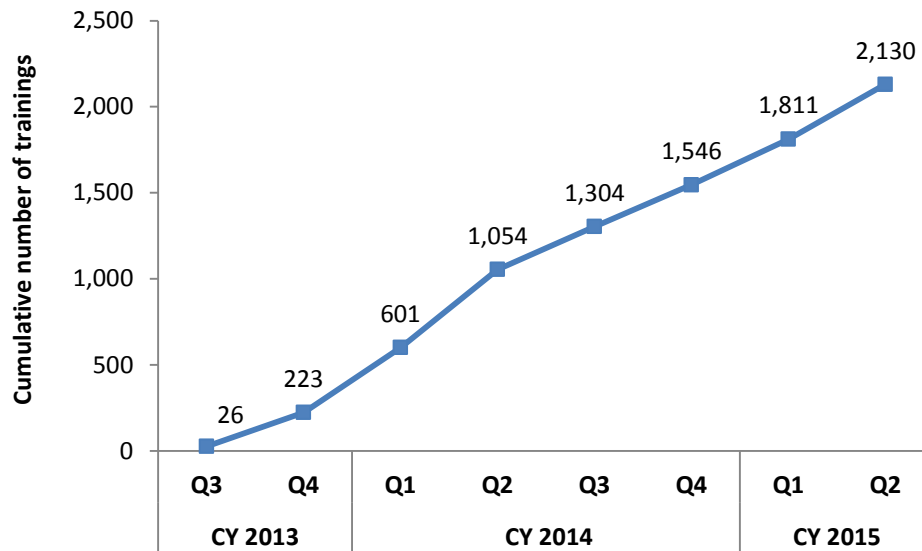
Figure 10: Cumulative number of admissions to Oxford Houses in Tennessee: July 2013 to June 2015



Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Goal 5 continued: Increase access and quality of early intervention, treatment and recovery service

Figure 11: Cumulative number of Lifeline community recovery trainings: July 2013 to June 2015



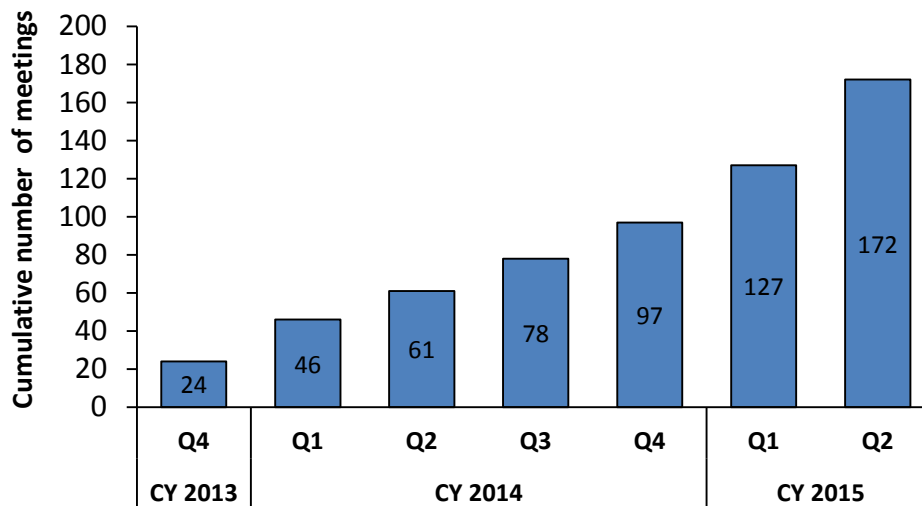
Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Lifeline increases understanding of and provides access to substance abuse recovery services like Alcoholics Anonymous and Narcotics Anonymous meetings.

2,130

Lifeline community recovery trainings from July 2013 to June 2015

Figure 12: Cumulative number of recovery group meetings established by Lifeline for each quarter: July 2013 to June 2015



Source: Tennessee Department of Mental Health and Substance Abuse Services (2015)

Lifeline recovery group meetings established since October 2013

172